Where are you in building your skills?

Promoting skills of independence.

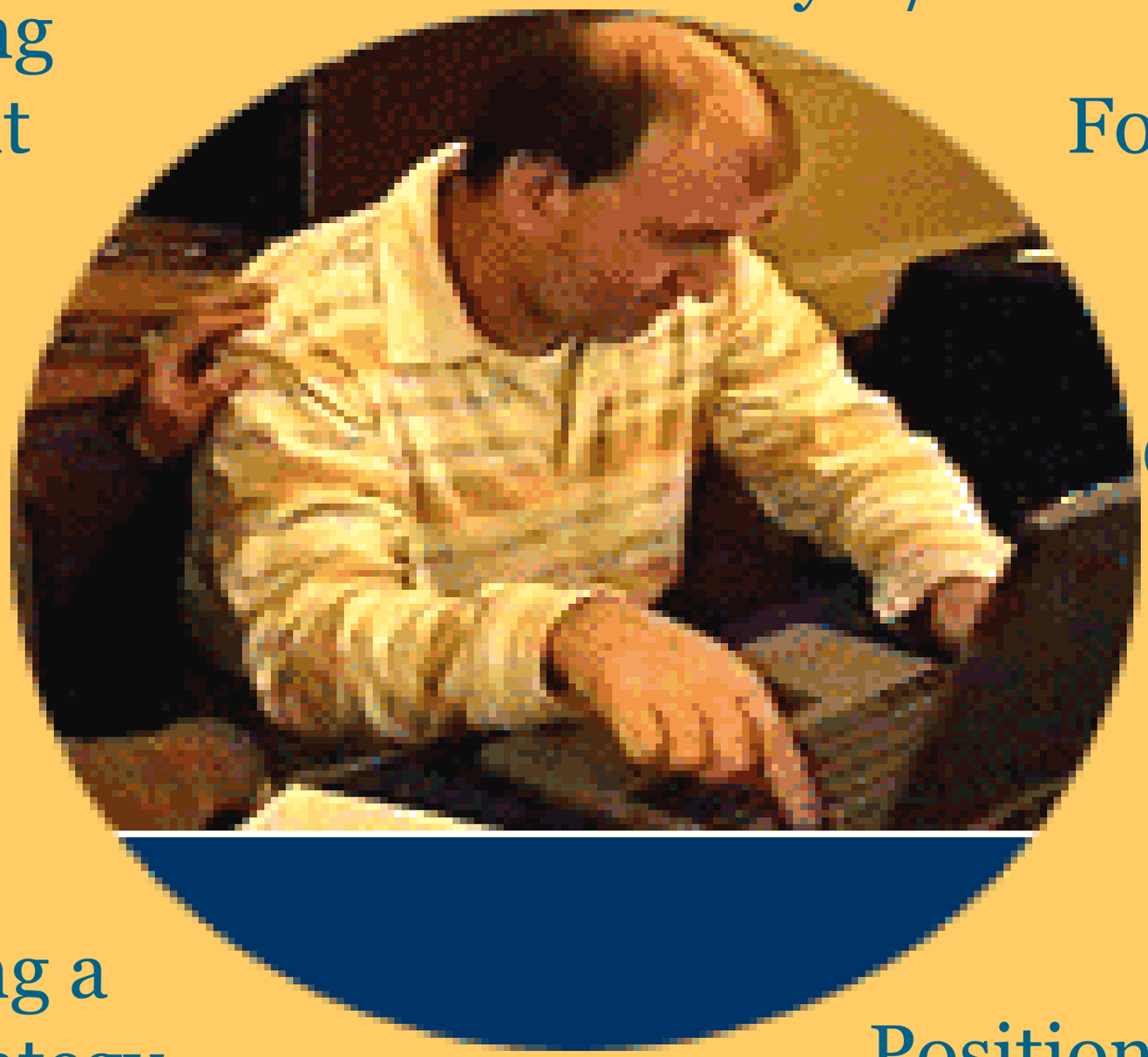
Indiana Conference - 2014

Elements of Independence Training

Minimum Effective Support

Eyes/hands working together

Reassessing movement issues



Focus/monitoring

Combining typing with other forms of communication

Developing a protest strategy

Positioning of Equipment

Facilitators: Know your job in supporting independence.

- focus on the process, not content
- promote a ‘can do’ attitude
- know the feel; know when movement changes, breaks down; work toward solutions
- create opportunity for skill development
- make the commitment and stick to it

Select which areas you want to work on:

- Fading physical support
- Developing a reliable way to initiate
- Going from typing to talking
- Exploring new equipment options
- Something else

Typers: Write a goal for the areas you selected.

- I want to fade support to the shoulder.
- I want to make less mistakes when I type.
- I want to read my words out loud.
- I want to let others know when I have something to say.
- I want to use equipment that is easier to access.
- I want to be able to focus better when I am typing.

Facilitators: compare your goals with your typer.

- Did you pick the same area?
- Did you write similar goals?
- Can you arrive at the same priority?
- Can you both make a commitment to each other's goals?